Team Manual
Track & Field

31.7-1.8.2018

Jerusalem, Israel

International Children's Games ATHLETICS
Jerusalem 31.7-1.8.2018

CONTENTS

International Children's Games ATHLETICS
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1. ORGANISATIONAL STRUCTURE

1.1 International Children's Games – Executive Committee

President	Torsten Rasch (GER)
Vice President	Igor Topole (SLO)
Vice President	David Gilbert (USA)
Secretary General	Richard Smith (GER)
Treasurer	Wolfgang Glenz (DEN)
Executive Committee member	Chulwon Shin (KOR)
Executive Committee member	Fen-Fen Chang (TPE)

ICG – Technical Delegates

Igor Topole	SLO
Dimitris Orfanopoulos	GRE
Anatoliy Kolomoyets	UKR

1.2 Local Organising Committee – ICG Jerusalem 2018

President	Itzik Kornfain
Vice President	Ilan Green
Member	Avi Benbenisti
Member	Zofit Katzir
Member	Shai Shitrit
Member	Vik Dado
Member	Simon Avraham

1.3 Local Organising Committee – Athletics

CEO	Jack Cohen
Coordinator	Ygal Cohen
Member	Avi Stein
Member	Moshe Rand
Member	Evgeny Muzkin
Member	Bezalel Mizrachi
Member	Eli Sadon

1.4 Competition Organisation

Competition Director	Jack Cohen
Technical Director	Michael Kaspin
Track Chief Referee	Assaf Livne
Field Chief Referee	Amit Ne'eman
Chief Timekeeper	Haim Danan
Chief Photo-finish	Pieter Mckenly
Chief Starter	Ofer Israeli
Jumps Chief Judges	Leve Milzon, Anna Veslov
Throws Chief Judges	Levi Regev, Valery Chagin,
Meeting Manager	Amitay Almog
Stadium Manager	Evgeny Muzkin
Announcer	Avi Stein
Call Room Coordinator	Ygal Cohen
TIC Manager	Ruty Zindel

1.5 Participating Countries

Country	Municipality	Country code
Australia	Lake Macquarie	AUS
Austria	Graz	AUT
Cameroon	Lausanne	CMR
Costa Rica	San Marcos	CRC
Croatia (Hrvatska)	Osijek	CRO
Czech Republic	Brno	CZE
	Karlovy Vary	
Estonia	Tartu	EST
Germany	Darmstadt	GER
Greece	Evrotas	GRE
	Llida	
Hungary	Kecskemet	HUN
	Szombathely	
Israel	Beer Sheva	ISR
	Emek Hefer	
	Jerusalem	
	Netania	
Lithuania	Garliava	LTU
	Kaunas	
	Siauliai	
	Vilnius	
Poland	PLOCK	POL
Romania	MEDIAS	ROU
	Sparta	
Russia	Ufa	RUS
Slovakia	Bratislava	SVK
Slovenia	Celje	SLO
	Gorje	
	Maribor	
	RAVNE NA KOROSKEM	
	SLOVENJ GRADEC	
	Velenje	
Switzerland	Ajoie	SUI
	Lausanne	
Taiwan	New Taipei –city	
	Taipei	
	Taoyuan City	
Thailand	Bangkok	TAI
Ukraine	Nykolaiv	UKR

2. ACCREDITATION
2.1 General
Team members will receive an accreditation card, which must be worn at all times and must be clearly visible. Security personnel will control all areas. The accreditation is non-transferable and does not allow the holder to take another person beyond checkpoints.
2.2 Accreditation Procedure
Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Teams in the final entry system.
Accreditation cards will be distributed to each Team Leader, at the accreditation Centre.

3. TECHNICAL INFORMATION
3.1 Technical Information Centre (TIC)
The main function of the TIC is to ensure smooth communication between each Team Delegation, the LOC and Technical Delegates and the Competition Administration, regarding technical matters.

The TIC is located at the Stadium (see stadium plan).
The TIC will be open at the following times:

Opening hours:	29.7.2018	17:00 – 19.00
	30.7.2018	09.00 – 11.00
	31.7.2018	07.30 – 11.00 and 16.00 – 20:30
	1.8.2018	07-30 – 10:00 and 16.00 – 21:00

The TIC will be linked to all information desks set up for this event and shall be responsible for the following:
- Competition information
- Notification of lists of competitors (start lists)
- Liaison points concerning technical matters between Team Delegate, Technical Delegate and LOC
- Settlement of technical enquiries from delegations
- Record forms
- Recovery of confiscated items at the call room
- Applications for 'National Records', doping control and Photo-Finish prints
- Team protests
- Publication of results- will be displayed on the notice boards near the TIC

All technical information regarding the competition will be distributed to each delegation in a special mailbox given to each team. This information will also be displayed on information boards. Information put in the mailboxes will include the daily programme, start lists, results as well as official information from LOC.
Access to the information in the team's mailboxes boxes at the TIC will be controlled by a separate entry card, not by the accreditation card. TIC cards will be given to each Team Leader at the Technical Meeting.

Teams that are not able to attend the Technical Meeting, under extreme circumstances, may collect their bib numbers from the TIC after the Technical Meeting (at the opening hours).

3.2 Technical Meeting

The Technical Meeting will be held on 30.7.2018 at 08:00, at Bait VaGan Hotel, Jerusalem.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, in English, to the TIC before 18:00 on 29.8.2018. The Technical Meeting will be conducted in English.

The Technical Meeting will be attended by:
- Representatives of the Local Organising Committee
- Stadium Manager
- Chief Technical Officials
- TIC Representatives
- Competition Director
- Technical Director
- Jury of Appeal

3.2.1 Agenda

The preliminary agenda of the Technical Meeting will include:
- Welcome speech by the LOC
- Presentation of the Competition Officials
- Information briefing by the Technical Delegate
- Confirmation of entries
- Call-room procedures and schedule
- Starting height and bar raising
- Protests
- Presentation of the competition and warm up sites
- Ceremonies
- Answering to questions submitted in writing by the Teams
- Distribution of bibs

3.3 Equipment

The implements provided by the LOC are selected from those appearing on the current IAAF approved equipment list as of 2018.
Basic implements will be provided for warm up and training.

3.4 Inspection of Competition Venue

Heads of Delegation may visit the stadium, inspecting access routes and other facilities which will be important to the teams on 29.7.2018, at 18:00.

3.5 Competition Area
The stadium has the following competition sites:
Main Stadium:
- 8-lane Track (9 lanes at the straight)
- 2 High Jump areas
- 2 areas for Long Jump
- 2 Shot Put circles

The Warm up area has the following sites:
- 4-lane Track 300m
- 1 High Jump area
- 1 areas for Long
- 1 Shot Put circle

The maximum spike lengths in the various events are:
- Track, Long Jump: 6mm

3.6 Dressing Rooms:
Dressing rooms with are located at the stadium.

3.7 Training:
Athletes will have the possibility to train in the warm up stadium.
Opening hours of this facility will be as follow:
29.7.2018   17:30 – 19:30
30.7.2018   09:00 – 11:00

3.8 Training with Official Starters:
Training with Official Starters will take place at main stadium on 29.7.2018 from 18:00 until 18:30.

Equipment and implements necessary for training will be available at the training venue. Officials will be present to help in case of problems or special requirements.

4. COMPETITION REGULATIONS

4.1 General

a. These regulations are part of the complete ICG Regulations, and must be read along with the instructions found in "ICG Procedures".

b. In the case of a discrepancy between the regulations written here and those appearing in the "Basic Regulations", the regulations written here will apply and be binding.

4.2 Competition Rules

A. The Track & Field competitions will be conducted according to IAAF rules.

- Each city may register a maximum number of 8 girls and 8 boys and a minimum of 2 girls and 2 boys.

- Maximum 2 athletes from each team are allowed to participate in one event.

- Each athlete may compete in two events and in the 4 x 100m Relay.

- Girls running 800 m and boys running 1500m are not allowed to compete in any other discipline the same day of their middle distance competition.

B. • Number of coaches: One for each boy's team, one for each girl's team.
 • Personal best performance from each athlete will be required during registration for seeding purposes.
 • Uniforms: Athletes must wear the uniform of their city.

C. • Competition numbers will be given to Team Managers/Coaches, who will be responsible for issuing bib numbers to all athletes in their team. The competition numbers must be worn firmly attached to the front and the back of the uniform with no less than four (4) pins so that the entire number and logo can be easily seen. No part of the number can be folded.

D. Hip numbers will be provided by an official at the start of events requiring them.

E. If an athlete fails to scratch from an event after confirmation, she/he may not be permitted to compete in any other event in the Games including relays (See IAAF Rule 142.4)

F. The competition will take place according to IAAF Rules and ICG Rules.

4.3 Events
Competitions will be held in the following events:

Boys	Girls
100 meters	100 meters
400 meters	400 meters
-	800 meters
1500 meters	-
4x100 m relay	4x100 m relay
High jump	High jump
Long jump	Long jump
Shot put (5kg)	Shot put (3kg)

4.4 Heats and qualifications

4.4.1 100m
- Qualification:8 heats, the first place of each heat and the 16 fastest runners for semi-final.
- 24 runners will advance to the semi-final. Advancement procedures will be set upon receipt of final entries.
- Semi-final: 3 heats, the first two places from each heat, and the two fastest runners will progress to the A final, and the second eight fastest runners will progress to the B final.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

4.4.2 400m
- Qualification: – If the total number of participating is less than 32, then first place of each heat and the 4 fastest runners for final, A and the next 8 fastest runners will progress to the final B.
- If the total number of teams participating is greater than 32, the qualification will be presents at the Technical meeting.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

4.4.3 800m (girls only):
- Qualification: 3 heats, the first 2 place of each heat and 2 fastest runners will progress to the final A, and the next eight fastest runners will progress to the final B.
- Girls participating in the 800m run are not entitled to participate in another event on the same day.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

4.4.4 1500m (boys only):
- Qualification: 2 heats, the first 4 places of each heat and 4 fastest runners will progress to the final A.
- Boys participating in the 1500m run are not entitled to participate in another event on the same day.
- MEDALS WILL BE GIVEN ONLY INTHE A FINAL

4.4.5 Long Jump:
- Qualification standard: Girls 5.00m, Boys 5.80m.
- Qualification: each athlete has three attempts. All competitors who reach or exceed the qualification standard will progress to the final. If less than 12 athletes reach the qualification standard, the 12 best performances of qualification groups will progress to the final.
- Final: the best 8 athletes after three attempts will have three further attempts.

4.4.6 High Jump:

- Qualification standard: Girls 1.55 m, Boys 1.65 m.
- Qualification: All the competitors who will clear the above-mentioned qualifying standard reach the final. If less than 12 competitors jump the standard, the next best athletes in order will progress the final (until number of 12 competitors is reached).
- The heights for the qualifications:
  Girls: 1.30, 1.35, 1.40, 1.45, 1.50, 1.55.
  Boys: 1.45, 1.50, 1.55, 1.60, 1.65
- The heights for the final:
  Girls: 1.40, 1.45, 1.50, 1.55, 1.58, 1.61, 1.64, 1.66 +2 cm
  Boys: 1.55, 1.60, 1.65, 1.70, 1.75, 1.78, 1.81, 1.84, 1.86 +2cm

4.4.7 Shot Put:
- The shot weights are: Boys: 5 kg Girls: 3kg.
- Shots will be provided by the organizers. For athletes wishing to use their own shot, the implement must be lodged with the Technical Manager at the equipment room by 9:00am on the day of competition in which your event is to be held. The implements will be impounded until after the competition when athletes may collect them from the equipment room. Any competitor may use all implements in the pool.
- Qualification standard: Girls 10.00m, Boys 12.00m.
- Qualification: each athlete has three attempts. All competitors who reach or exceed the qualification standard will progress to the final. If less than 12 athletes reach the qualification standard, the 12 best performances of qualification groups will progress to the final.
- Final: the best 8 athletes after three attempts will have three further attempts.

4.4.8 4x100m RELAY:
- If the total number of teams participating in 4x100m Relay is less than 32, semi-finals will not be organized. The first place of each heat and the 4 fastest teams for final A and the next 8 fastest teams will progress to the final B.
- If the total number of teams participating is greater than 32, then 24 teams will advance to the semi-final – the first place of each heat and the fastest runners.
- Semi-final: 3 heats, the first two places from each heat, and the two fastest teams will progress to the A final, and the second eight fastest teams will progress to the B final.
- **In case of 2** Heats, the first 3 place of each heat and the 2 fastest runners will progress to the final.
- MEDALS WILL BE GIVEN ONLY INTHE A FINAL

5. COMPETITION PROCEDURE
Remark: All athletes have to enter PB and SB for each discipline as it will decide the composition of the heath each discipline of the events.

5.1 Final Confirmation
Team Leaders or their representatives must confirm the participation list.
Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. The forms must be completed and returned immediately no later the 29.7.2018 at 18:00, at the TIC. Final start lists will be ready for collection at the TIC after the Technical Meeting.

5.2 Withdrawal
Withdrawal of any athlete must be handed to the TIC in writing on the official withdrawal form.

5.3 Competition bibs
The LOC will provide the teams with competition bibs at the Technical Meeting.
Each competitor will receive 3 Bibs. Their personal competition number shall be pinned on the front and the back of the competition clothing and on the back of the Tracksuit. The competition bibs may not be cut, bent or covered in any way.

5.4 Timetable
Please refer to Appendix 1, for the competition timetable

5.5 Warm-up Area
The Warm-up Area consists of a 300m Track with 4 lanes round and 5 lanes at the striate, and is located near the main stadium.
There is a weight lifting room near the main stadium, and it may be used on 9-13.7.2017

5.6 Call Room
All athletes must report to the call room according to the following schedule:
  1. Track events -   15 min. before the event starts
  2. Fields events -   30 min. before the event starts
  3. High Jump –   40 min. before the event starts

The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:
- Competition clothing
- Shoes
- Bags
- Non-authorised equipment (radio, Walkman, mobile phone, camera etc) may not brought onto the infield.

5.7 Competition preparation

5.7.1 Field Events
In the Field events the official trials supervised by the judges. Athletes may only use the official markers for the approach. These will be handed out by the competition officials at the competition area.

5.7.2 Start commands
The starter commands will be given in English, as follows:
For distances up to and including 400m:
- **"On You Marks"**
- **"Set"**
- Fairing of the gun

For distances of 800m and longer:
- **"Set"**
- Fairing of the gun.

If for any reason, the starter feels it necessary to interrupt the process he/she will say:
- **"STAND UP"**

A Silent Gun will be used for recalls; an ordinary starter's gun will be used. There are false start indicators installed on the starting blocks.

5.8 Timing and measurement
The official timing will be provided by Time Tronics and will be displayed on the official electronic timing instrument and Photo finish cameras provided by Time Tronics.

The distance measurements for the following events will be taken by electronic EDM equipment:
- Long Jump
- Shot Put

The High Jump will be measured manually.

5.9 Exit procedures after the Competition
After Track events, athletes will leave the infield immediately through the finish line gate, where they can collect their own clothing (through the corridor under the blocks).
After Field events, athletes will leave the infield according to instructions of the chief referee.

5.10 Protests and Appeals
Protests will be processed in accordance with IAAF Rule.
In the first instance, protests must be made orally to the Referee by the athletes themselves or by a responsible official acting on their behalf. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of 100$US, as set in the rules, must be paid.
If the protest is unsuccessful, the deposit will not be returned.
The Jury's decision will be provided in writing at the TIC.

6. Medical Care at the stadium

The stadium medical service is responsible for any problems concerning the athletes' health.

There will be a first aid team on the infield, supervised by a medical officer.

7. SECURITY

Instructions given by the LOC, the security personnel and the police have to be followed in all areas, as well as during transport.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to the LOC Information Desk or TIC.

8. CEREMONIES
Victory Ceremonies

The victory ceremonies for each event will take place immediately after the event in the stadium.

Medals will be presented to the first 3 athletes in each individual event (A Final) and for the first 3 teams in the relays events.

9. CONTACT INFORMATION

For further details about the Events, please contact Mr. Jack Cohen, CEO.

LOC Office

Venue	Givat Ram Stadium, Jerusalem
LOC CEO	Jack Cohen
Contact address LOC	E-mail: jackcohen2@gmail.com

10. APPENDIX

Appendix 1 – Time Table
Appendix 2 – Map of Stadium

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Appendix 1
Time Table

31.7.2018 Morning

TIME	Boys	Girls
08:30	1,500m (Heats)	
08:50	Long Jump (Qualifications)	
08:55		800m (Heats)
09:00		High Jump (Qualifications)
09:25	100m (Heats)	
10:00		100m (Heats)

31.7.2018 Afternoon

TIME	Boys	Girls
17:30		Long Jump (Qualifications)
17:45	400m (Heats)	
18:00	High Jump (Qualifications)	
18:05		Shot Put (Final)
18:25		400m (Heats)
18:50	100m (Semi-final)	
19:10	Shot Put (Final)	
19:25		100m (Semi-final)

1.8.2018 Morning

TIME	Boys	Girls
08:30	4X100m (Heats)	
08:50		4X100m (Heats)

1.8.2018 Afternoon

TIME	Boys	Girls
17:00	Long Jump (Final)	
17:35		High Jump (Final)
18:10		Long Jump (Final)
18:15	400m (Final)	
18:30		400m (Final)
18:45	100m (Final)	
18:50	High Jump (Final)	
19:05		100m (Final)
19:25		800m (Final)
19:45	1500m (Final)	
20:10		4X100m (Final)
20:20	4X100m Final	

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Appendix 2

Map of Stadium

1. Main Stadium, 2. Warm Up Stadium, 3. Call Room, 4. Ceremony Area

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Map of competition area at the Stadium