

ATHLETICS TECHNICAL HANDBOOK



Athletics

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical Director	
Head Referee	
Member of ICG TC	

2. VENUE

Enrique Fernández Martínez Sport Complex

3. IDENTIFICATION

All athletes must show their accreditation cards with a photo; without this card an athlete cannot compete.

4. COMPETITION RULES

- Each city may register a maximum number of 8 girls and 8 boys and a minimum of 2 girls and 2 boys.
- Maximum 2 athletes from each team are allowed to participate in one event.
- Each athlete may compete in two events and TWO RELAY (4 x 100m, mix 4 x 100m).
- Girls running 800m and boys running 1500m are not allowed to compete in any other discipline the same day of their middle distance competition (except for the relay).
- Athletics events:-100m, 400m, 100m Hurdles boys, 80m Hurdles girls only, 800m (girls only), 1500m (boys only), long jump, high jump, Javelin, shot put, 4x100m relay, 4 x 100m mix relay 2boys+2girls.
- Number of coaches: One for each boy's team, one for each girl's team.
- Personal best performance from each athlete will be required during registration for seeding purposes.
- Uniforms: Athletes must wear the uniform of their city.
- Competition numbers will be given to Team Managers/Coaches, who will be
 responsible for issuing bib numbers to all athletes in their team. The competition
 numbers must be worn firmly attached to the front and the back of the uniform with no
 less than four (4) pins so that the entire number and logo can be easily seen. No part of
 the number can be folded.
- Hip numbers will be provided by an official at the start of events requiring them.
- If an athlete fails to scratch from an event after confirmation, she/he may not be permitted to compete in any other event in the Games including relays (See IAAF Rule 142.4)
- The competition will take place according to IAAF Rules and ICG Rules.

5. CALL ROOM

- There will be a call room in operation.
- All athletes must report to the call room on time with their competition numbers attached to their uniform.
- In the call room athletes will be expected to demonstrate that their competition uniform, singlet and numbers, shoes and other equipment comply with the completion rules.
- Please do not take unnecessary items into the call room like mobile phones, ipods etc. as they will be confiscated.
- Athletes will proceed to the start of their event from the call room ACCOMPANIED BY A CALL ROOM JUDGE OR FIELD EVENT OFFICIAL. Athletes who proceed to the event not accompanied by a judge or official may not be allowed to start.
- The closing Call Entry Times at the call room are: (prior to scheduled event starting times)
 - Jumping and throwing events: 40 min.
 - o Running events: 30 min.
- The composition of a team and the order of running for a relay shall be officially declared 90 min prior to relay scheduled event starting times.
- This time allows for marshaling and movements to the competition site. The remainder
 of the time may be used to complete the warm up at the competition site where the
 competition site is not in use (under supervision of the officials).
- If an athlete is already, or is likely to be, competing in another event at the designated call time, the athlete or his/her team official must notify the Call Room of this circumstance prior to the designated call time.
- Athletes who will fail to be at the call room on time will be suspended!
- Warm up: Athletes may warm up in the designated area.
- Starting Blocks: must be used by all athletes in the 100m, 400m, 100m hurdles, 80m hurdles and relay. These will be supplied by the venue. No private blocks will be permitted.
- False start: Each athlete responsible for a false start will be disqualified (IAAF 162.7.)
- Shoes: The sole and heel of the shoe may be constructed so that they can accommodate up to 11 spikes. Any number of spikes between 0 and 11 may be used, but the number of spike positions cannot exceed 11. The protecting portion of the spike should not be longer than 9 mm. Exception is high Jump and javelin throwing, and javelin throwing where the length of more than 12 mm is not allowed. The spike point must be so designed, that at least half of the length measured from the tip of the spike, fits into a square mold with straight sides of 4 mm.

6. QUALIFICATION

6.1 100m:

- Qualification: 8 heats, the first place of each heat and the 16 fastest runners for semi-final.
- 24 runners will advance to the semi-final. Advancement procedures will be set upon receipt of final entries.



- Semi-final: 3 heats, the first two places from each heat, and the two fastest runners will progress to the A final, and the second eight fastest runners will progress to the B final.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

6.2 400m:

- Qualification: If the total number of participating is less than 32, then first place
 of each heat and the 4 fastest runners for final A and the next 8 fastest runners
 will progress to the final B.
 - If the total number of teams participating is greater than 32, then 8 fastest runners for final A and the next 8 fastest runners will progress to the final B.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

6.3 800m (girls only):

- Qualification: 6 heats, the first place of each heat and 2 fastest runners will
 progress to the final A, and the next eight fastest runners will progress to the final
 B
- Girls participating in the 800m run are not entitled to participate in another event on the same day.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

6.4 1500m (boys only):

- Qualification: 5 heats, the first two places of each heat and 2 fastest runners will
 progress to the final A, and the next eight fastest runners will progress to the final
 B.
- Boys participating in the 1500m run are not entitled to participate in another event on the same day.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

6.5 Long Jump:

- Qualification standard: Girls 5.00m, Boys 5.80m
- Qualification: Each athlete has three attempts. All competitors who reach or exceed the qualification standard will progress to the final. If less than 12 athletes reach the qualification standard, the 12 best performances of qualification groups will progress to the final.
- Final: The best 8 athletes after three attempts will have three further attempts.

6.6 High Jump:

- Qualification standard: Girls 1.55m, Boys 1.65m
- Qualification: All the competitors who will clear the above-mentioned qualifying standard reach the final. If less than 12 competitors jump the standard, the next best athletes in order will progress the final (until number of 12 competitors is reached).
- The heights for the qualifications:
 Girls: 1.30, 1.35, 1.40, 1.45, 1.50, 1.55

Boys: 1.45, 1.50, 1.55, 1.60, 1.65

The heights for the final:

Girls: 1.40, 1.45, 1.50, 1.55, +3 cm Boys: 1.55, 1.60, 1.65, 1.70, 1.75, +3cm

6.7 Shot Put:

The shot weights are:

Boys: 5 kg Girls: 3kg

- Shots will be provided by the organizers. For athletes wishing to use their own shot, the implement must be lodged with the Technical Manager at the equipment room by 9:00am on the day of competition in which your event is to be held. The implements will be impounded until after the competition when athletes may collect them from the equipment room. Any competitor may use all implements in the pool.
- Qualification standard: Girls 10.00m, Boys 12.00m
- Qualification: Each athlete has three attempts. All competitors who reach or exceed the qualification standard will progress to the final. If less than 12 athletes reach the qualification standard, the 12 best performances of qualification groups will progress to the final.
- Final: The best 8 athletes after three attempts will have three further attempts.

6.8 4x100m Relay:

- If the total number of teams participating in 4x100m Relay is less than 32, semifinals be not organized and the first place of each heat and the 4 fastest runners for final A and the next 8 fastest runners will progress to the final B. If the total number of teams participating is greater than 32, then: 24 teams will advance to the semi-final - the first place of each heat and the fastest runners.
- Semi-final: 3 heats, the first two places from each heat, and the two fastest runners will progress to the A final, and the second eight fastest runners will progress to the B final.
- MEDALS WILL BE GIVEN ONLY IN THE A FINAL.

6.9 100m Hurdles Boys: H=0,840m

Qualification: 8 fastest runners will progress to the final A and other 8 fastest runners to the final B.

6.10 80m Hurdles Girls H= 0,762 m

Qualification: 8 fastest runners will progress to the final A and other 8 fastest runners- to the final B.

6.11 4 x 100m Mix Relay (2 boys + 2 girls - free placement of participants in stages).

first place of each heat and the 4 fastest runners for final A and the next 8 fastest runners will progress to the final B



6.12 JAVELIN

The javelin weights are:

Boys: 600 g Girls: 400 g

- Javelin will be provided by the organizers. For athletes wishing to use their own Javelin, the implement must be lodged with the Technical Manager at the equipment room by 9:00AM on the day of competition in which your event is to be held. The implements will be impounded until after the competition when athletes may collect them from the equipment room. Any competitor may use all implements in the pool.
- Qualification standard: Girls 30.00m, Boys 35.00m
- Qualification: each athlete has three attempts. All competitors who reach or
 exceed the qualification standard will progress to the final. If less than 12 athletes
 reach the qualification standard, the 12 best performances of qualification groups
 will progress to the final.

Final: the best 8 athletes after three attempts will have three further attempts

7. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behavior, offence made through words and/or actions, violent behavior, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behavior of their athletes at all times.

8. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.

9. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- Time and venue will be provided upon arrival.

10. TIMETABLE.

ATHLETICS TIME TABLE

Day 1 - Morning				
Time	Gender	Event	Round	
10:00	Boys	1500m	Heats	
10:30	Boys	Shot Put	Qualification	
10:30	Girls	400m	Heats	
11:00	Boys	400m	Heats	
11:00	Girls	Long Jump	Qualification	
11:30	Boys	High Jump	Qualification	

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11:30	Girls	800m	Heats
		Day 1 - Afternoon	
Time	Gender	Event	Round
16:00	Girls	High Jump	Qualification
16:00	Boys	Long Jump	Qualification
16:30	Girls	Shot Put	Qualification
16:30	Boys	100m	Heats
17:00	Girls	100m	Heats
17:30	Mix	4 x 100m	Heats
		Day 2 – Morning	
Time	Gender	Event	Round
10:00	Girls	100m	Semi Final
10:30	Boys	100m	Semi Final
11:00	Girls	High Jump	Final
11:00	Boys	Shot Put	Final
11:30	Girls	400m	Final
12:00	Boys	400m	Final
		Day 2 – Afternoon	
Time	Gender	Event	Round
16:00	Girls	800m	Final
16:30	Boys	1500m	Final
17:00	Boys	Long Jump	Final
17:00	Girls	100m	Final
17:30	Boys	100m	Final
18:00	Mix	4 x 100m	Final
		Day 3 – Morning	
Time	Gender	Event	Round
10:00	Boys	High Jump	Final
10:00	Girls	Long Jump	Final
10:30	Boys	4 x 100m	Heats
10:30	Girls	Shot Put	Final
11:00	Girls	4 x 100m	Heats
11:30	Boys	4 x 100m	Final
12:00	Girls	4 x 100m	Final





BASKETBALL TECHNICAL HANDBOOK



Basketball 3 on 3 (Streetball)

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical Director	
Head Referee	
Member of ICG TC	

2. VENUE

Expiatory Temple Esplanade

3. COURT

- The game will be played on a court (size 12X12) playing with one (1) basket.
- The court shall have a regular basketball playing court sized zone, including a free throw line (5.80m), a two point line (6.75m) and a no-charge semi-circle area underneath the one basket.

4. COMPETITION INFORMATION

4.1 Teams

- Number of teams that can participate: 24 Boys teams and 24 Girls teams.
- Each team shall consist of a maximum of four (4) players (3 players on the court and 1 substitute) and one (1) coach.
- Number of coaches: One (1) for Boys team & One (1) for Girls team.

4.2 Points

- Basket made from within the 2-point area (inside the 3-point line arc) = 1 point.
- Free throw = 1 point.
- Basket made from the 3-point shot area (beyond the 3-point line arc) = 2 points.

4.3 Game Officials

• The game officials shall be one (1) referee assisted by three (3) table officials, namely a scorer, a timer and a twelve (12) second operator.

4.4 Basketball Apparel

- Basketball Teams must have a minimum of two sets of shirts as well as basketball shoes, socks, shorts, t-shirt. All equipment used by players must be appropriate for the game.
- Any equipment that is designed to increase a players' height or reach or in any other way give an unfair advantage is not permitted.

4.5 Ball Size

• 7 for boys and 6 for girls or official FIBA 3 on 3 ball

4.6 Beginning of the Game

- Both teams shall warm-up (3 minutes) simultaneously.
- Before the game, a player from team A will take a 3-point shot. If made, team A shall begin.
- The game with a throw-in, if not, it will be team B. The team that did not start the game.

4.7 Playing Time/Winner of a Game

- The regular playing time shall be 12 min (10 min not include stopping time + 2 last min include stopping time).
- The clock shall be stopped during dead ball situations and free throws. The clock shall be restarted after the exchange of the ball is completed (as soon as it is in the offensive team's hands).
- However the first team which scores 21 or more points wins the game if it happens before the end of a regular playing time. This rule applies to regular playing time only (not in a potential overtime).
- If the score is tied at the end of playing time, an extra period of time will be played. There shall be an Interval of one (1) minute before the overtime starts. The first team to score two (2) points in the overtime wins the game.

4.8 Fouls by Player/Fouls by Team

- A team is in a team foul situation when it has committed seven (7) fouls.
- A player who has committed four (4) fouls must leave the game.
- Fouls during the act of shooting inside the arc shall be awarded with one (1) free throw.
- Fouls during the act of shooting behind the arc shall be awarded with two (2) free throws.
- Fouls during the act of shooting followed by a successful field goal shall be awarded one (1) additional free-throw.
- Non-shooting fouls under penalty foul situation shall be awarded with one (1) free throw.
- In case of a technical foul, the penalty will be one (1) shot and possession.
- In case of an unsportsmanlike foul, the penalty will be two (2) shots and possession.



4.9 Twelve Second Device

- The team must attempt a shot for a field goal within 12 seconds.
- The 12 second clock will be reset only when there is a foul or foot violation.

4.10 Stalling

- Stalling or failing to play actively by attempting to score shall be a violation.
- A team must attempt a shot within twelve (12) seconds. The game starts only after basket was scored over the 3 point's line and not underneath the basket.
- If the court is not equipped with a shot clock and a team is not sufficiently trying to attack the basket, the referee shall give them a warning by counting the last 5 seconds.

4.11 How the Ball Is Played

- Following each successful field goal or last free throw:
 A player from a non-scoring team will resume the game by passing the ball from the place directly from the court underneath the basket (not from behind the end line) to his teammate to any place on the court. However, if that place is not behind the three-point line, the ball receiver must dribble/pass the ball to a place on the court behind the three-point line.
- Following each unsuccessful field goal or last free throw:
 If the offensive team rebound the ball, it may continue to attempt the score without returning the ball to behind the three-point line.
- If the defensive team rebound the ball, it must return the ball (by passing or dribbling) behind the three-point line.
- Once the ball is behind the three-point line at least one additional pass must be made to a teammate before an attempt to score is made.
- Following the steal, turnover etc:
 If it happens within the two-point area, the ball must be passed/dribbled to a place behind the three-point line. Once the ball is behind the three-point line, at least one additional pass must be made to a teammate before the attempt to score is made.
- Should the first offensive player who has dribbled/received the ball at a place behind the three-point line attempt to score, it is a violation.
- All throw-ins following the fouls (without free throws), violations, out-of bounds, at the beginning of the first period and of the extra period shall be taken from the out-of-bounds place level with the top of the three-point line, closest to the infraction.
 - The places shall be marked in out-of-bounds by 5cm line. The referee shall hand the ball to the out-of-bound player. The thrower-in must pass the ball to his teammate to any place on the court. However, if that place is not behind the three-point, the ball receiver must dribble/pass the ball to a place on the court behind the three-point line.
- Dunking of the ball is not permitted unless pressure-released rings are used.

4.12 Substitutions

 The substitution shall be permitted when the ball becomes dead and the game clock is stopped.

4.13 Time-outs

There are no time-outs granted to any team at any time.

5. ESSENTIAL INFORMATION

- All the teams must be at the court 45 minutes before the designated fixture.
- Teams (Coaches, Players) should arrive at basketball venue with the necessary
 accreditation. All delegation must comply with any indication made by the venue staff,
 without creating any kind of problem to other teams. For any issue or protest, the Head
 of Delegation has to contact the competition manager immediately. If anything negative
 is observed, we request immediate report to the department responsible person.

6. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

7. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.
- Forms Latest international FIBA form is used; must be provided by organizers.

8. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- Time and venue will be provided upon arrival.

9. TIMETABLE

• Will be posted on the website.



FOOTBALL

TECHNICAL HANDBOOK



Football (Soccer)

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical Director	
Head Referee	
Member of ICG TC	

2. VENUE

Enrique Fernández Martínez Sport Complex

3. COMPETITION INFORMATION

- There will be separate tournaments for girls and boys teams.
- · One coach per team is allowed.
- Teams will consist of 6~8 players 1 of which will be a goalkeeper.
- Number of teams that can participate: 16 boys teams and 8 girls teams
- Both the boy's team and the girl's team have a separate coach.
- Shin guards are required for all competitors.
- The venue is outdoor. Players must wear proper soccer cleats/shoes/boots. (Baseball type cleats are not allowed).
- Athletes are prohibited to wear neither any footwear with metal studs nor glasses/sunglasses during a game unless sports/plastic/protective glasses.

4. COMPETITION RULES

- The rules of the tournament will be FIFA rules modified for small-sided games.
- Depending on the number of entries, teams will be entered into pools of up to 4 teams.
- The pitch size will be 50-65m by 40-45m.
- No offside rule will be operated.
- The ball used will be a size 5.
- Each game will consist of 2 halves of 20 minutes each. Half-time break is 5 minutes.
- Warm up duration: 10 minutes.
- Team size consists of 6 players: (5 players that includes 1 Captain) and 1 goalkeeper.
- Goal length 4,8-6m and height 1,9-2m.
- Competitions within group are led by 1 referee. Quarter finals, semifinals and final game will be led by 2 referees.
- · A system of rolling substitutions will apply.
- A timekeeper is required, controlling the duration of the games, using a horn/hooter as no injury time is allowed, except in the Final, which is at the discretion of the referee(s).

- The area between pitches should be kept clear for teams and officials only, with spectators viewing only from the opposite side.
- Throw-ins are allowed.
- Slide tackles are not allowed (punishable with a yellow card), but sliding to score, or to stop the ball going out of play or to stop a goal, is allowed.
- Goalkeepers can kick from the hand only after catching the ball.
- The Head Referee cannot become involved with refereeing decisions made on the field of play.
- The normal football back-pass rule applies.
- · Goals cannot be scored directly from a kick-off.
- A team does not show up for their first game will be disqualified from the tournament but allowed to play the scheduled fixtures as "friendlies" at the discretion of the Tournament Director and the opposing teams.
- All team members wear the same football strip.

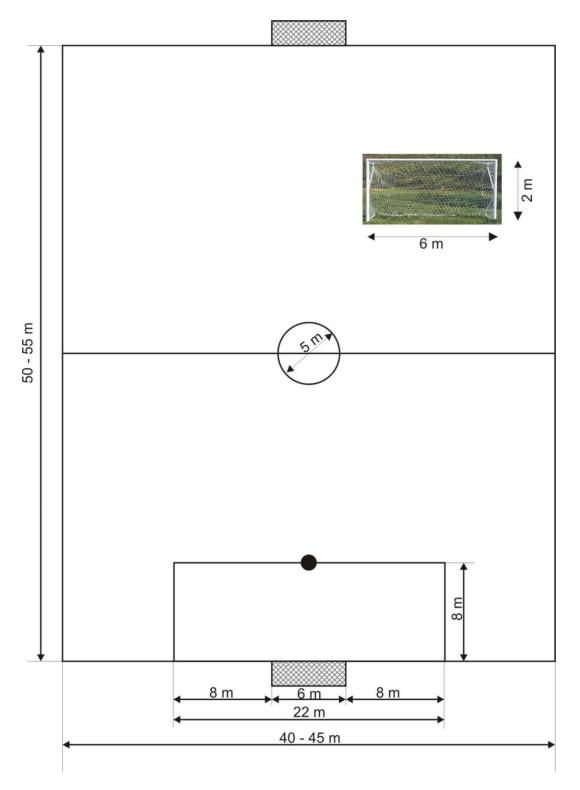
5. PRELIMINARY ROUNDS

- Each team will play all other teams in their pool once. Depending on the pool size and structure, the top teams will go forward to the Medal Rounds while the remaining teams will play an additional consolation game.
- In pool games, 3 points will be awarded for a win and 1 point for a draw.
- The top 2 teams in each group will advance to the quarter finals.
- In the case that teams in the same pool have the same number of points, the final standings will be decided by the following order:
 - 1. Head to head between the teams concerned.
 - 2. Goal difference resulting from the group matches ONLY between the teams concerned:
 - 3. Greater number of goals scored in all group matches ONLY between the teams concerned:
 - 4. Lower number of goals against in all group matches ONLY between the teams concerned;
 - 5. If still undecided, the winner will be decided by a coin flip by the Head Referee.

6. MEDAL ROUND

- The quarter-finals will be between the top teams in the Pool Round. The winners of one pool will play against the runner up in another pool.
- The Semi-finals will be between the 4 quarter-finals winners.
- The final will be between the 2 semi-final winners.
- In the event of a draw at quarter-final, semi-final or final games it goes straight to penalties, any 5 from the full squad can take the first 5 penalties before moving to the rest of the squad if required. Squads for penalties shall be determined by the team with the lower number of players. The goalkeeper who finished the game must be in goal for at least the first penalty.





7. DISCIPLINARY RULES

- The ICG Code of Conduct must be adhered to at all times. Athletes and coaches will be excluded from the Games for indecent behaviour, offence made through words and/or actions, violent behaviour, and abusive language.
- All delegations have to comply with any instruction given by the venue staff.
- Coaches are responsible for the well-being and behaviour of their athletes at all times.

• Player who receives a yellow card will be sent to the bench for two minutes. The 2 minutes start after play resumes.

Typical yellow card offences include:

Unsporting behavior, dissent by words or actions

• Players sent off (red card) for any reason will be suspended for the team's next game.

Typical red card offences include:

Serious foul-play, violent conduct, abusive language.

• If a team is **permanently** reduced to 4 players due to sending offs, the game will end and the match will be awarded 2-0 to their opponents, unless the score, as it stands at that point, is more advantageous to their opponents.

8. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.

9. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- Time and venue will be provided upon arrival.
- The FIFA Website <u>www.fifa.com</u> provides a copy of the latest Constitution, Laws, and Regulations.

10.TIMETABLE

• Will be posted on the website.



SWIMMING TECHNICAL HANDBOOK



Swimming

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical Director	
Head Referee	
Member of ICG TC	

2. VENUE

Léon 1 Aquatic Centre

3. COMPETITION INFORMATION

- Swimmers may compete in 4 events and 2 relays.
- There will be the following competitions:

50m, 100m, 200m, 400m Freestyle

50m, 100m, 200m Backstroke

50m, 100m, 200m Breaststroke

50m, 100m, 200m Butterfly

200m Individual Medley

4 x100m Freestyle Relay

4 x100m Medley Relay

4x100m Mixed Medley Relay (2 Boys and 2 Girls)

- Each city may enter a maximum of 4 boys and 4 girls and minimum 2 boys and 2 girls. (2+0, 0+2), minimum two athletes and one coach)
- Cities can enter a maximum of 2 swimmers per event.
- Swimmers must supply personal best performance times for each event during registration process for a proper seed of heats and lanes. It is the responsibility of cities also, to provide times for the relay events for the same purposes.
- The pool is an indoor 50m 10 lanes facility. The warm-up pool during competition will be the diving pool, (indoor 25m facility).
- Electronic timing and lane display scoreboard will be in use.
- Participant seating will be in the grandstand.
- One coach per city is allowed.

4. COMPETITION RULES

- The meet will take place according to World Aquatics and ICG rules.
- Racing suits are required for all competitors. Swimwear must comply with current World Aquatics regulation.
- During warm-up no dives or jumps are allowed unless in designated lanes opened up by the officials or meet director.

- Athletes will be provided with full pool access for warm up at least 30 minutes prior to the first race commencing.
- A and B Finals will take place in all 50m and 100m events. 200 and 400 m will have only one final. Medals will only be awarded to the first three athletes/teams in 'A' Finals.

5. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.
- The World Aquatics website <u>www.worldaquatics.com</u> provides a copy of the latest WA Constitution, Laws and Regulations for competition.

6. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- · Time and venue will be provided upon arrival.

7. TIMETABLE

COMPETITION SCHEDULE

ı	DAY 1 - Morning					
No.	Gender	Event	Round	Athlete	Heats	Advanced
1	Girls	400m Freestyle	Prelims			
2	Boys	400m Freestyle	Prelims			
3	Girls	50m Butterfly	Prelims			
4	Boys	50m Butterfly	Prelims			
5	Girls	100m Backstroke	Prelims			
6	Boys	100m Backstroke	Prelims			
7	Girls	100m Breaststroke	Prelims			
8	Boys	100m Breaststroke	Prelims			
9	Girls	100m Freestyle	Prelims			
10	Boys	100m Freestyle	Prelims			
		Ī	DAY 1 – Afte	rnoon		
No.	Gender	Event	Round	Athlete	Heats	Advanced
1	Girls	400m Freestyle	Finals			
2	Boys	400m Freestyle	Finals			
3	Girls	50m Butterfly	Finals			
4	Boys	50m Butterfly	Finals			
	Medal ceremony - 400m Freestyle, 50m Butterfly					



5	Girls	100m Backstroke	Finals			
6	Boys	100m Backstroke	Finals			
7	Girls	100m Breaststroke	Finals			
8	Boys	100m Breaststroke	Finals			
9	Girls	100m Freestyle	Finals			
10	Boys	100m Freestyle	Finals			
11	Girls	4x100 m Freestyle Relay	Finals			
12	Boys	4x100 m Freestyle Relay	Finals			
	Medal ceremony - 100m Backstroke, 100m Breaststroke, 100m Freestyle					
	DAV 2 - Morning					

	DAY 2 - Morning					
No.	Gender	Event	Round	Athlete	Heats	Advanced
13	Girls	200m Freestyle	Prelims			
14	Boys	200m Freestyle	Prelims			
15	Girls	50m Backstroke	Prelims			
16	Boys	50m Backstroke	Prelims			
17	Girls	200m Butterfly	Prelims			
18	Boys	200m Butterfly	Prelims			
19	Girls	50m Freestyle	Prelims			
20	Boys	50m Freestyle	Prelims			
21	Girls	50m Breaststroke	Prelims			
22	Boys	50m Breaststroke	Prelims			
23	Girls	200m Individual Medley	Prelims			
24	Boys	200m Individual Medley	Prelims	_		

	DAY 2 - Afternoon					
No.	Gender	Event	Round	Athlete	Heats	Advanced
13	Girls	200m Freestyle	Finals			
14	Boys	200m Freestyle	Finals			
15	Girls	50m Backstroke	Finals			
16	Boys	50m Backstroke	Finals			
		Medal ceremony - 2	00m Freesty	le, 50m Backst	roke	
17	Girls	200m Butterfly	Finals			
18	Boys	200m Butterfly	Finals			
19	Girls	50m Freestyle	Finals			
20	Boys	50m Freestyle	Finals			

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l		Medal ceremony -	200m Butter	fly, 50m Frees	tyle	
21	Girls	50m Breaststroke	Finals			
22	Boys	50m Breaststroke	Finals			
23	Girls	200m Individual Medley	Finals			
24	Boys	200m Individual Medley	Finals			
		Medal ceremony - 50m b	reaststroke,	200m Individu	al Medley	
25	Girls	4x100m Medley Relay	Finals	l		
26	Boys	4x100m Medley Relay	Finals			
		Medal ceremony	y - 4x100m F	reestyle Relay	s	
			DAY 3 - Mor	ning		
No.	Gender	Event	Round	Athlete	Heats	Advanced
27	Girls	200m Backstroke	Prelims			
28	Boys	200m Backstroke	Prelims			
29	Girls	200m Breaststroke	Prelims			
30	Boys	200m Breaststroke	Prelims			
31	Girls	100m Butterfly	Prelims			
32	Boys	100m Butterfly	Prelims			
27	Girls	200m Backstroke	Finals			
28	Boys	200m Backstroke	Finals			
29	Girls	200m Breaststroke	Finals			
30	Boys	200m Breaststroke	Finals			
31	Girls	100m Butterfly	Finals			
32	Boys	100m Butterfly	Finals			
33	Mixed	4x100m Medley Relay	Finals			
	Medal ceremony - 200m Backstroke, 200m Breaststroke, 100m Butterfly, 4x100m Medley Relay					

X Competition schedule is subject to change.



TAEKWONDO

TECHNICAL HANDBOOK



Taekwondo

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical Director	
Head Referee	
Member of ICG TC	

2. VENUE

Enrique Fernández Martínez Sport Complex

3. COMPETITION SYSTEM

- There will be two competition areas equipped with an electronic score board system and one warm-up area.
- A city enters a maximum of 5 boys and 4girls, and a minimum of 1 boy and 1 girl.
- Only one athlete per team may compete in a particular weight category.
- One coach per city is allowed.
- Not only a gold and silver medal but also a bronze medal

4. TEAM COMPETITION

- For boys the following weight categories apply:
- Under 45, 48, 51, 55, 59, 63, 68, 73, 78, 78+ (kg)
- For girls the following weight categories apply:
- Under 42, 44, 46, 49, 52, 55, 59, 63, 68, 68+ (kg)
- Every weight needs to have 6 athletes to have a good competition
- · Possibly 2 weight classes with each other
- For every athlete there has to be at least two fights (minimum)

5. COMPETITION RULES:

- The competition will take place according to WTF Rules and ICG Rules.
- Single elimination competition.
- The duration of the contest shall be three rounds of two minutes each, with a one-minute rest period between rounds. In case of tie score after the completion of the 3rd round, a 4th round of two minutes will be conducted as the golden point round, after a one-minute rest period following the 3rd round.

- The trunk protector, head protector, and sensing socks will be provided for competitors by the technical officials. The contestants are required to bring their own protectors such as groin guard, forearm guards, shin guards, foot guards and a mouthpiece for personal use. Latest Dae-do Electronic Scoring System will be used.
- Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of WTF.
- Wearing any item on the head other than the head protector shall not be permitted. In the case of previously approved religious item, it shall be worn beneath the head protector and inside the dobok, but shall not cause harm or obstruct the opposing contestant.
- Weigh-in shall be completed on the previous day (14:00~16:00) of the relevant contest, according to the competition schedule. Weigh-in shall be made once.
- All contestants will participate at their own risk. Under no circumstances can the organization be held responsible for any loss or damage to individuals.
- All contestants must be in the venue 50 minutes before the designated fixture to receive protector equipment check.

6. REGISTRATION AND WEIGHT-IN

- Will take place at the venue.
- · Registration: Details upon arrival
- Unofficial weigh-in: Details upon arrival
- Official weigh-in: Details upon arrival
- The registrations and weight controls will only be conducted during the above mentioned hours, so please come in time! The draw will be held after weigh-in.

7. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.

8. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- Time and venue will be provided upon arrival.
- Each participating city may be represented by one official.

9. TIMETABLE

Will be posted on the website.



TENNIS TECHNICAL HANDBOOK



Tennis

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical	
Head Referee	
Member of ICG TC	

2. VENUE

Punto Verde Sporting Club

3. COMPETITION INFORMATION

- Number of coaches: One for every team.
- Number of athletes: minimum 2 players maximum two per gender. Maximum number of athletes: 32 per gender
- Maximum number of teams: 16 per gender
- The tournament will begin with first (1st) for singles main draw on July 17 and will end on July 19 with the finals for doubles and the finals for singles main draw at the Tennis Venue
- 8 hard surface courts. 8 courts appropriate for singles and doubles matches.
- Two singles draws of 32 participants for boys and girls. Two doubles draws of 16 teams for boys and girls.
- For the needs of training, the athletes will be able to use the same courts or another one on July 16.
- All equipment used by players must be appropriate for the match according to the I.T.F. regulations.
- OPTION: mix competition

4. COMPETITION RULES

- During a match only the players are allowed to be in the playing court. All the coaches
 must be outside the playing court and are not allowed to coaching.
- Playing court size will be 23,77m X 8,23m for singles.
- Playing court size will be 23,77m X 10,97m for doubles.
- Warm up duration: 5 minutes.
- Matches will be played with official balls Head Championship.
- Each singles match will be played in a best-of-three sets format. In the event the set reaches 6-6, a tie-break to 7 points with a difference of 2 points should be played in the first 2 sets. In the event the sets are drawn 1-1, then a super tiebreaker should be played (10 points difference of 2 points).

- Each doubles match will operate on the same system as the Singles matches except at 40-40, pairs will play the deciding point with the receiver's choice. In the group, if 2 or more players have the same number of points, then the winner will be decided by the following in this order:
 - a. Head to Head Games
 - b. Game difference between all 4 players
 - c. Game difference between all 3 best players.
- The first and second day of the tournament there is going to be one assistant referee
 outside of every court in order to detect and solve any issue between the players. In
 Semi-Finals and Finals there must be a chair umpire for every match.
- It is the responsibility of both players to keep the score of their match.
- All the players must be in the venue 50 minutes before the designated fixture in compliance with ITF rules and the clauses included in the ICG Sports Rules.

5. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.

6. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- Time and venue will be provided upon arrival.

7. TIMETABLE

Will be posted on the website.



VOLLEYBALL TECHNICAL HANDBOOK



Volleyball

Date of competition: July 17-19, 2024

1. TECHNICAL COMMITTEE

The technical committee will be composed of the:

Technical Director	
Assistant Technical	
Head Referee	
Member of ICG TC	

2. VENUE

León Polyforum

3. COMPETITION INFORMATION

- A team consists of between 6 and (maximum) 8 players.
- Number of teams that can participate: 8 boys teams and 8 girls teams.
- One coach per squad.
- Numbered jerseys in unison color must be worn by all team members.
- Libero, need to have a different (colour) shirt
- Players are not permitted to wear head/sweat bands not approved by Head Referee
- Net height is for boys 232 cm and girls 224 cm.
- Matches will be played with the official ball.
- Warming uo 20 minutes, including 10 minutes with the ball
- Time out 2x 30 seconds.
- There will be separate tournaments for girls and boys: 6-a-side.
- Each team must play with exactly 6 players on side.
- All athletes must be able to show their identification card. When unable to show the identification card, participation is not possible.
- Depending on the number of entries, teams will be entered into pools of up to 4 teams.
- Preliminary rounds (Group Stage–League System)
 - o Each team will play all other team in their group once.
 - o Boy's tournament: 8 teams will be divided into 4 groups.
 - o Girl's tournament: 8 teams will be divided into 4 groups.
 - Two points will be awarded for a win, one point for a loss and zero point for a withdrawal.
 - o The team ranking first place in each group will advance to semi-finals.
 - In the case of the teams in the same pool have the same number of points, the final standings will be decided by the following order:
 - Head to head between the teams concerned.
 - Set difference the greater resulting from the group matches ONLY between the teams concerned.

- Greater number of set won in all group matches ONLY between the teams concerned.
- Lowest number of set lost all group matches ONLY between the teams Concerned.
- If still undecided, the winner will be decided by a coin flip by the head referee.
- Final rounds (Knock-out Stage):
 - Allocation draw for semi-final will be held after preliminary round of all groups finished.
 - o The semi-finals will be between the 4 group winners.
 - o The final will be between 2 semi-finals winners.
 - All the players must be in the venue 50 minutes before the designated fixture.

4. COMPETITION RULES:

- The regulations of the International Volleyball Federation (FIVB) will be closely adhered to
- The match is played in two sets won by 25 points, with a possible third set up to 15 points.
- Sets must be won by two points difference.
- Ball is being played MVA300
- A ball is "in" when the imprint of the ball is visible on the line.
- A team may have three contacts with the ball. After the third contact, the ball must be played to the opponent.

5. TRAINING SCHEDULE

- Training times will be available at the sport facility on July 16th, 2024.
- Training schedule will be posted on the website.

6. TECHNICAL MEETING

- Technical meeting will be held on July 16th, 2024.
- Time and venue will be provided upon arrival.

7. TIMETABLE

Will be posted on the website.